

Castle Hedingham Tennis Club

Junior Tennis Courses

Welcome to the autumn term! Junior sessions are re-starting up again.....

Sessions will be;

Saturdays

9-10am Tots Tennis 5-6yrs
10-11am **Red** Group 6-8yrs
11-12am **Orange** Group 8-10yrs
12-1pm **Green** Group 10-12yrs
1-2pm **Yellow/Advanced** Group Jnr 12+yrs

Mondays

4-5pm Tots Tennis 5-6yrs
5-6pm **Red** Group 6-8yrs

Thursdays

4-5pm **Orange/ Green** Groups 8-12yrs
5-6pm **Yellow/Advanced** Group Jnr 12+yrs

First session will start Saturday 9th September

All sessions will be run in accordance with LTA guidelines and the programme is designed to provide the children with all the basic tennis skills that will form an excellent foundation for a sound technical future in terms of technique.....

The cost for the courses will be **£25.00** (£40 non-mem's) for the Saturday ten week course and **£15.00** (£24 non-mem's) for the six week (weekday) courses payable in advance (only £2.50/session), excluding half-term week/s. All sessions will be held at the club and **ONE** extra session will be scheduled at the end of the course in case of bad weather cancellation.

To enrol your child/ren, please first confirm by email and then complete the form below and return it at the first session. Please highlight any medical conditions on email too. If you have any further enquiries, please contact Sheetal on **07931 357661** or email totaltennis3@gmail.com and please visit my website. **www.totaltenniscoach.com**

Castle Hedingham Junior Tennis Enrolment Form

*******PLEASE FILL OUT ALL SECTIONS*******

Name:	Age:
Address:	Tel. No:
Any medical conditions e.g. epilepsy, asthma etc	
Emergency contact name and Tel. No:	
Session/s Required	

I enclose a cheque/cash for £..... (Payable to; **Sheetal Pandya**)

Signed:.....Parent/Guardian Date:.....