



**CASTLE HEDINGHAM TC SUMMER
MULTISPORT/TENNIS CAMP**
ST JAMES ST, CASTLE HEDINGHAM

HOURS OF DAILY FUN FILLED SPORTS GAMES AND COACHING!

****Come and join in!
All ages from 5 -
15yrs****



DAILY PROGRAMME

Red Grp 9-10.00am Fun games with tennis coaching

10-10.30am	Warm up games.	10.30-11.00am	Tennis drills
11-11.15am	Break	11.15-12 pm	Multisport Fun Games
12-12.30pm	Lunch break	12.30-2.15pm	Tennis Drills
2.15-2.30pm	Break	2.30-4pm	Multisport Games/Matches

**MINI RED Grp: (5-7 yrs) 9am-12.00pm ONLY
ORANGE / GREEN & YELLOW Grps: (8+yrs) 10am - 4pm**

Sessions will comprise progressive technique drills, fun multi sport games, & a mini tournament on the last day.

*****PLEASE BOOK EARLY TO AVOID DISSAPOINTMENT*****

Cost for the sessions:

Red Grp £12 members/£17 non-members/day
Org, Grn & YELLOW Grps £18-00 members/ £23-00 Non-members/day.



Enrolment Form

Child's name..... Age..... Parent's name.....

Contact No..... Email:

Any Medical Conditions

Parent's consent signature..... I enclose cash/cheque for £.....made to
SHEETAL PANDYA

Wk. Com: 31/07/17 Mon Tue Wed Thu Fri

Wk. Com: 14/08/17 Mon Tue Wed Thu Fri

Wk. Com: 28/08/17 Mon Tue Wed Thu Fri

Session Req: **Red Org, Grn & YELLOW Grps** Please circle the required day/s and session.

All enquiries to totaltennis3@gmail.com or contact Sheetal on 07931357661